38th Annual Bucks County Senior Games
June 7-19

Are you over 50? Join the fun!

Friendly competition throughout Bucks County. Registration deadline is Monday, May 10.

buckscounty.org/seniorgames
Join Us for the 38th Annual Bucks County Senior Games!!!

The Bucks County Area Agency on Aging and our partners—Bucks County Community College, YMCA of Bucks County, and Bucks County Recreation Council—invite you to join in the 2021 Bucks County Senior Games. Keeping in mind the cancellation of last year’s events due to COVID-19, this year we are staging all live events outdoors and are introducing several interesting virtual challenges.

The 2021 Senior Games are supported by the Bucks County Commissioners and made possible with the help of many people and organizations: individuals who generously volunteer their time and expertise to help organize and run the events; and local business, non-profit organizations and governmental entities who provide financial and in-kind donations. We call attention to our Senior Games Committee members and the entities who are kindly donating the use of their facilities or sponsoring events:

Senior Games Committee

JoAnne Bergandino  Christine McGinley  Monica Tierney  Lisa Hall
Amanda Mayer  Joe Swartz  Deirdre Blackburn  Ben Redd
Stephanie Schwartz  Matt Cipriano  Andrew Oles  Amanda Wappes
Gus Cales  William McTigue  Holly Tuttle

Facilities Donors & Event Sponsors

Bensalem Senior Center  Quakertown Borough  County of Bucks
Middletown Senior Center  Camp Curiosity  YMCA of Bucks County
Bristol Township  Upper Southampton Township  Delaware Valley Orienteering Association
Northampton Twp. James E. Kinne Center  Bucks County Recreation Council  Delaware Valley University, Center for Learning in Retirement
Bucks County Disc Golf Alliance

Please join us as we offer the Bucks County Senior Games for the 38th year as a friendly opportunity to compete, exercise mind and body, and share goodwill.

Sincerely,

Deputy Director of Public Affairs
Bucks County Area Agency on Aging

GENERAL INFORMATION

1. How to Register: Complete BOTH sides of the registration form on pages 9 & 10, add fees, and mail in form with your payment, OR register online at www.BucksCounty.org/SeniorGames.

2. NO Walk-On Registrations: Pre-registration is required.

3. Fees: Participants in Golf, and/or Pickleball must pay additional fees at event check-in. See event rules for more information.

4. T-Shirts: Please indicate your t-shirt size on the registration form. If you do not indicate a t-shirt size you will receive the size you requested last year OR a large. To be guaranteed a t-shirt, register by May 10.

5. Refunds: Registration is non-refundable for any reason including, but not limited to, no-shows due to illness, schedule conflicts, or withdrawal from competition on site.

6. Questions: Email srgames@buckscounty.org or call Bucks County Area Agency on Aging at 267-880-5700 (weekdays, 8:30 am - 4:30 pm).
The Bucks County Senior Games (BCSG) combine sports and recreation with fellowship among everyone involved. As in past years, the BCSG will be held at various locations throughout the county. The mission of the BCSG is to bring awareness to the importance of staying physically and socially active at every stage and age of life.

**ELIGIBILITY**

Turning 50 this year? Any individual who will be at least 50 years of age in 2021 may register.

**AGE GROUPINGS FOR COMPETITION**

The age group in which you will compete is based on your age as of December 31st of this year: There are five age categories for participation:

1) ages 50-59
2) ages 60-69
3) ages 70-79
4) ages 80-89
5) ages 90 & up

**EVENT CANCELLATION POLICY:** The BCSG Committee reserves the right to cancel an event due to inclement weather, COVID related health restrictions or insufficient registration. Check website for updates.

**Notes:**

- Men and Women compete separately in most events.
- Participants must compete to be eligible for awards.
- Age categories may be combined for competition.

**Medals will be awarded at most events.**

**NEW for 2021!**

This year we are offering a number of free virtual events and games. These include:

- Zumba
- Trivia
- Scavenger Hunt
- Escape Room
- Pictionary
- Boggle
- Tai Chi
- Chair Yoga

*Register for the Senior Games by Monday, May 10!*

The BCSG Committee strongly recommends that each participant consult his or her physician with regard to practice, preparation and competition in this program.
**DIRECTIONS TO EVENTS**

**Bensalem Senior Citizens Center**
1850 Byberry Road, Bensalem, PA 19020
215-638-7720

**Bristol Township Amphitheater**
Municipal Complex Park at 2501 Bath Road, Bristol, PA 19007. The amphitheater entrance is located next to the synthetic turf football field, off of Bath Road, close to 2104 Bath Road. There is ample parking directly behind the amphitheater and we will have that area closed off for participant parking so that any seniors with mobility issues will not have to walk from the other lots. We will also put out some sandwich board directional signage to clearly mark the easiest entrance.

**Camp Curiosity**
4425 Landisville Rd., Doylestown, PA 18902
215-348-7221

**Central Bucks High School South**
1100 Folly Rd., Warrington, PA 18976

**Core Creek Park**
Middletown Township, south of Newtown
East of Route 413 on Tollgate Rd
Langhorne, PA 19047; pavilion #5
Langhorne Newtown Road or Langhorne Yardley Rd to Bridgetown Pike to Park Road, past the main office and keep driving until you come to the Pavilion #5.

**Fairways Golf Club**
750 Country Club Lane, Warrington, PA 18976
215-343-9979

When traveling Street Road, the golf club is west of Easton Road/611. 1.2 miles west of 611, turn onto Wedge Way, and then left onto N. Greenward Street. Country Club lane will be on your right.

**Middletown Senior Citizens Center**
2142 Trenton Road, Levittown, PA 19056
215-945-2920

**Northampton Township James E. Kinney Senior Center**
165 Township Road, Richboro, PA 18954
215-357-8199

**Peace Valley Park**
264 Creek Rd., Doylestown, PA 18901 Entrance to the boat rental/picnic area is where to park. Field on right will be used for the throwing events.

**Quakertown Memorial Park**
W. Mill Street, Quakertown, PA 18951 The park and parking lot are located directly across the street from the Quakertown Library (401 W. Mill Street). Follow the path from the parking lot past the basketball courts to the Pavilions.

**Tamanend Park**
1255 2nd St. Pike, Southampton, PA 18966 After participants enter the park, they will come to the 2nd stop sign and turn right, they will drive past the park bathrooms and playground and park at the Pavilions. The Pavilions are where the disc golf course starts.
### SCHEDULE OF EVENTS

See EVENT RULES on pages 4 - 7 for complete information.

#### MONDAY, JUNE 7, 2021
- **Softball Throw** 10am-3pm
- **Football Throw**
- **Cornhole**
  Peace Valley Park

#### MONDAY, JUNE 14, 2021
- **Virtual Tai Chi** 10am-11am
- **DelVal Virtual Games**
  Scavenger Hunt

#### TUESDAY, JUNE 8, 2021
- **Chess**
  Bristol Twp Amphitheater 10:00am-11:30am

#### TUESDAY, JUNE 15, 2021
- **Darts, Horseshoes**
  Bensalem Senior Center 10am-2pm

#### WEDNESDAY, JUNE 9, 2021
- **Disc Golf**
  Tamanend Park 8am-4pm
- **DelVal Virtual Games**
  Escape Room 1pm-2pm
  Pictionary, Boggle

#### WEDNESDAY, JUNE 16, 2021
- **Bocce**
  Northampton Senior Center 10am-2pm

#### THURSDAY, JUNE 10, 2021
- **Quoits**
  Quakertown Memorial Park 10am-12pm
- **Virtual Zumba** 2pm-3pm

#### THURSDAY, JUNE 17, 2021
- **DelVal Virtual Games**
  Trivia 10am-11pm

#### FRIDAY, JUNE 11, 2021
- **Golf**
  Fairways Golf Course 6:45am-2pm
- **Pickleball Clinic**
  Camp Curiosity 9:00am-11am

#### FRIDAY, JUNE 18, 2021
- **Virtual Chair Yoga** 10am-11pm
- **Bocce**
  Middletown Senior Center 10am-2pm
  Rain Date - Golf

#### SATURDAY, JUNE 12, 2021
- **Orienteering**
  Core Creek Park 10am-12pm

#### SATURDAY, JUNE 19, 2021
- **Track & Field**
  Central Bucks South High School 8:30am-12pm
- **Pickleball Round Robin Tournament**
  Camp Curiosity 9am-2pm

END (Turn in Steps, Biking, Parks Record, supplied by AAA)

- **Biking**
- **Steps Competition**
- **Walk the Parks**
BUCKS COUNTY SENIOR GAMES EVENT RULES
Specific rules will be posted at each event. Rules will not be changed, nor will comments or protests be accepted on the day of the event.

BIKING - This event is completed independently using either a traditional bike or stationary bike. Medals will be awarded individually for the greatest number of miles biked based on age & gender. Total mileage can be logged beginning on the first day of the games, June 7, 2021 and ending on the last day of the games June 19, 2021. Using the honor system, participants should fill out the participant event record (supplied in this guide) and return to the address listed no later than Monday, June 28, 2021. Participant event records received after the 28th will not be considered for a medal.

BOCCE - Single elimination format will be used, but may be modified based on the number of entries. Players will compete against people in their respective age/gender category. Games will be played to 12 but can be altered due to time constraints. Participant start times will be assigned and announced prior to the event.

All balls MUST be rolled, NO LOFTING. A player tosses the pallino (small target ball) and it MUST pass the center line of the court and CAN NOT hit the back wall.

If the ball hits the back board, the player must roll again, or until they have thrown all of their balls.

A ball that hits the back board is considered “dead” and must be removed from play unless it first hits another ball in which case all balls are valid.

Whenever a player gets a ball closer, opposing player throws until it beats the opposing ball. This continues until both teams have used all of their balls.

The player who scored last throws the pallino to begin the next frame.

Players MAY NOT step over the foul line before releasing their ball or pallino. Only one player scores in a frame.

One point is given for each ball that is closer to the pallino than the closest ball of the opposing player.

If the wrong colored ball is thrown, it will be marked and replaced with the proper color ball.

CHESS - This year chess will have two components, instruction and match play. Individuals will need to provide their skill level. All equipment will be supplied. Specific match rules will be provided on the day of the event. Your instructor’s name is Howard Daniels. Howard is a National Chess Master with a rating of 2200.

CORNHOLE - Rules will be in accordance with The American Cornhole Organization (ACO) unless modified by BCSG. The event coordinator reserves the right to modify the format based on the number of entries. Players will compete individually against people in their respective age category. Participant start times will be assigned and announced prior to the event.

Bag terms:
Woody – refers to any cornhole bag that has been pitched and remains on the cornhole board playing surface at the conclusion of the frame.

Cornhole – refers to any cornhole bag that has been pitched and passes through the cornhole board hole at any time within the frame.

Foul Bags – refers to any cornhole bag that has not been determined as a “woody” or “cornhole” or was designated a foul bag as the results of a rules violation.

Scoring:
The method of scoring is “cancellation” scoring, the points of one player cancel out the points of their opponent. Using this method, only one player can score in each frame.

Each woody is worth one (1) point

Each cornhole is worth three (3) points

Example: Red scores 7 point and Blue scores 5 points, the tally for that frame is Red scores 5 points for the frame.

Distance of Boards:

Age 50-69 – 27 feet front edge to front edge
Age 70-79 – 25 feet front edge to front edge
Age 80 plus/non ambulatory – 23 feet front edge to front edge

Length of games:
Games will be played to 21 points but can be altered due to time constraints.
DARTS - Participants should bring their own steel tip darts. A clock or 20 point face will be used with the throw line at a 7’ 9 1/4” distance from the bullseye. Format for competition is best 2 of 3 games of “501” for singles & doubles OR one (1) game depending in the number of participants. Straight-In (S/I) and Double Out (D&O). Maximum of 21 darts (7 innings) for singles and 36 darts (6 innings) for doubles. Each player may throw six (6) practice darts prior to their match. For a dart to score, it must remain in the board for 5 seconds after the third or final dart has been thrown. Remove your own darts from the board. DO NOT play with another person’s darts. Participant start times will be assigned and announced prior to the event.

DISC GOLF - Every throw counts. (No mulligans or do overs). Stand on and within the area of the tee pad. In the event there is not fully defined tee pad, stand behind the front marked edge of the teeing area.

Football Throw - The football throw for distance will be measured from the center point of the throwing line to the point of impact, best of two throws. Regulation football will be supplied. The event is held weather permitting. Participant start times will be assigned and announced prior to the event.

Golf - An 18-hole tournament will be conducted using Medal Play for Women and Men’s Medals in each age group and plaques for overall Low Gross. The Calloway Handicap System will be used to award plaques for Low Net. Prizes are also awarded for Holes in One, Closest to Pin and Longest Drive. USGA and PA Guidelines are being followed by the Fairways Golf Club. Greens fees are $29 per person and $11 for cart PAID AT THE COURSE THE DAY OF THE EVENT; there may be an upcharge if players choose to use individual carts. Check-in and pay 30 minutes before starting. You will be notified of your tee time prior to the event. Soft spikes required.

Horseshoes - The National Horseshoes Pitchers Association of America rules will be official. Singles (metal horseshoes) competition only will be offered. Regulation distances for metal horseshoes will be 40’ for men 50-69 years of age and 30’ for men 70 years and older and will be 30’ for women 50 -74 years of age and 20’ for women 75 and older. The official metal shoe shall not exceed 7-1/4” in width, 7-5/8” in length and shall not weigh more than 2 lb. 10oz. A 24 shoe per player game will be thrown with a single elimination loss but may be altered due to time constraints. Metal shoes will be provided for tournament play. Competitors may bring their own equipment as long as it conforms to the dimensions listed above. Participant start times will be assigned and announced prior to the event.

Orienteering - Participants may compete individually or as a team of 4. This is an intergenerational event! Participants are encouraged to include a younger person to Orienteer alongside you. The top 3 individuals will medal, and the top 3 teams will medal, including younger participants. Navigate on foot using a map to find designated locations in the park. Each location has an electronic punching device that will clock your time. The trails at Core Creek Park are mostly paved. This beginner course is 1.5 miles long. Instructions will be given to the participants prior to going on their courses. Medals will be awarded for the shortest time to complete the course. Wear comfortable walking shoes.

EVENT RULES

continued on next page
Pickleball - The Senior Games is pleased to offer Pickleball in two forms. 

*Introductory clinic,* for players who want to learn how to play or refresh their knowledge of the game. The clinic will consist of one hour of instruction and one hour of play. Paddles and balls are available for borrow or purchase on the day of the clinic. No medals will be awarded for this learning clinic and there is no extra cost to attend. Participant start times will be assigned and announced prior to the event.

Competitive round-robin tournament, which will give each participant an opportunity to play in six, twelve-minute matches. It will be in a luck-of-the-draw format, and the winner will be decided based on points. Each event will be organized by age. USA Pickleball rules apply. Player must complete the Bucks County Senior Games registration and the tournament form available at www.campcuriosity.com. A separate tournament fee of $25 payable to Camp Curiosity is required on the day of the event. No partner needed, medals will be awarded individually and not as a team. Paddles and balls are available for borrow or purchase. Participant start times will be assigned and announced prior to the event.

**QUOITS** - United States Quoits Association rules will be followed but may be modified by event coordinator. Single elimination format will be used but the event coordinator reserves the right to modify the format based on the number of entries. Teams of two will play together and may be female/female, female/male, male/male. Partners are preferred but you will be assigned a partner if you do not have one. Games will be played to 15 points but may be altered due to time constraints. Medals will be awarded to the 3 teams with the highest score and not by age/gender groups.

**SOFTBALL THROW** - The softball throw for distance will be measured from the center point of the throwing line to the point of impact, best of two throws. Regulation softball will be supplied. The event is held weather permitting. Participant start times will be assigned and announced prior to the event.

**STEPS COMPETITION (Walking)** - This event is completed independently walking at a location(s) of your choice. Medals will be awarded individually for the greatest number of steps based on age & gender. Total steps can be logged beginning on the first day of the games, June 7, 2021 and ending on the last day of the games June 19, 2021. Using the honor system, participants should fill out the participant event record (supplied in this guide) and return to the address listed no later than Monday, June 28, 2021. Participant event records received after the 28th will not be considered for a medal. This event can be combined with the Walk the Parks event.

**TRACK AND FIELD** - There will be four running/walking events: Mile Run, Mile Walk, 100m Run and 400m Run. There will be three field events: Discus, Shot Put and Long Jump. Warm-up, running and cool down periods will be made available. The best times for the running/walking events will designate the winners rather than extra heats. The longest throws/jumps for the field events will designate the winners.

**VIRTUAL CHAIR YOGA, TAI CHI, ZUMBA**

**Virtual Chair Yoga** - Your Certified Instructor’s name is Barbara Weikamp. She will gently guide you through slow, flowing sequences of movement to create ease in the body and calmness in the nervous system. You will need an arm’s length of space to move in along with a sturdy chair with no wheels and preferably with no arms. This class welcomes older adults with different physical abilities. Some movements will be done sitting while others will be done standing using your chair for stability. Standing movements can be done in a seated position. Please feel free to stand, sit or do a combination of the two during class as needed.

**Virtual Tai Chi** - Your certified instructor’s name is Clyde Beury. He will gently guide you through slow, flowing sequences of movement that are the embodiment of mediation in motion. You will need a 10 ft. x 10 ft. space to move in. Standing for an hour can be challenging, please feel free to have a chair nearby. Many of the movements can be done in the sitting position.

**Zumba** - Zumba is an aerobic fitness program that combines Latin and international music with dance moves. Zumba routines incorporate interval training, alternating fast and slow rhythms, to help improve cardiovascular fitness. You will need a large open area to move.

*For all virtual events*

This workshop will be held using the Zoom application. You will need a webcam and speakers so you and the instructor can see and hear each other.

You will receive a separate email with the workshop Zoom invitation. Please supply a current email address at the time of registration.

Wear Comfortable clothing that you can move freely in along with comfortable flat, non-slip supportive shoes.

Please make sure your space is clear of any hazards, including pets.
VIRTUAL GAMES - Conducted by Delaware Valley University’s Center for Learning in Retirement

Escape Room, Pictionary, & Boggle
Are you good at solving riddles and puzzles and thinking outside of the box? Meet new people and put your minds together with these interactive group games and challenges. Winner will receive a complimentary Summer 2021 online membership to Delaware Valley University’s Center for Learning in Retirement Program! You won’t want to miss out on these exciting games!

Scavenger Hunt
Are you good at finding things? Join us for an interactive scavenger hunt from the comfort of your own home! Participants will be asked to find several everyday items in and around their houses. Whoever finds a particular item the first wins that round. Whoever wins the most rounds, wins the title of “Master Scavenger” as well as a complimentary Summer 2021 online membership to Delaware Valley University’s Center for Learning in Retirement program! You won’t want to miss out on this lively and entertaining game!

Trivia
Meet new people and fire up those neurons and join us for several rounds of fun and interactive song, movie, TV, subject and more related trivia! Winner will receive a complimentary Summer 2021 online membership to Delaware Valley University's Center for Learning in Retirement program! This game will be sure to stretch your mind!

Please note that these three virtual games will be conducted via the free and easy-to-use Zoom app. With just the click of a link, participants can join in the fun via their desktop computer (equipped with a speaker, microphone, and camera), laptop, tablet, or smartphone device. All participants will be emailed a link to join the particular game as well as a Zoom Quick Start Guide in advance of the game(s). Technical assistance will be provided by dedicated, professionally experienced volunteer members of Delaware Valley University’s Center for Learning in Retirement.

WALK THE PARK - This event is completed independently walking at the Bucks County Parks listed below. Medals will be awarded to the top 3 people who walk the most parks. Parks can be logged beginning on the first day of the games, June 7, 2021 and ending on the last day of the games June 19, 2021. To qualify, participants are required to walk a minimum of 15 minutes or a half mile, whichever is achieved first, in the approved Bucks County Parks (listed below). Using the honor system, participants should fill out the participant event record (supplied in this guide) and return to the address listed no later than Monday, June 28, 2021. Participant event records received after the 28th will not be considered for a medal. This event can be combined with the Steps Competition event.

Approved County Parks:
Core Creek Park, Dark Hollow Park, Lake Towhee Park, Peace Valley Park, Playwicki Park, Ringing Rocks Park, Silver Lake Park, Tincum Park, Tohickon Valley Park, Bucks County Horse Park.

Thank you
We would like to thank the businesses that appear in this guide and to recognize them each as supporters and cornerstones of our community. For it is with their contributions that this guide has been produced at no charge to our residents.

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Terry Ann Smerling
Direct Line: 267-498-9708
tsmerling@delvalseniors.com
The 38th Annual Bucks County Senior Games | June 7-19

Registration Form (Please complete ALL questions)

<table>
<thead>
<tr>
<th>Last Name:</th>
<th>First Name:</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
</table>

Street Address:

Apt #:

City, State: Zip: Phone:

Email: Cell Phone:

Are you a member of a Bucks Senior Center? Yes No
If so, which one?

How did you hear about this year's Senior Games?

Age Group (Please check one): 50-59 60-69 70-79 80-89 90+

T-shirt Size (Please check one): Small Medium Large XL 2XL 3XL No Shirt

It is strongly recommended by the Senior Games Committee that you consult your doctor in regard to practice, preparation, and competition in these games.

Emergency Contact:

Relation: __________________________ Phone: ________________________

Release & Waiver of Liability (Must be completed by all participants):

To the best of my knowledge, I have no physical restrictions which would prohibit my participation in the events I have selected. Since I am participating in these events voluntarily and at my own risk, I agree not to sue the County of Bucks, The Bucks County Department of Parks and Recreation, the Bucks County Area Agency on Aging, the Bucks County Foundation for Aging, DelVal University Center for Learning in Retirement, and all other cooperative agencies, organizations, businesses or any of their representatives for any injury or damages to me resulting from participating in the Games. The Bucks County Senior Games representatives have my permission to arrange for medical services to attend to me if it is deemed necessary for my health, welfare and safety. I hereby consent to allow my picture or likeness to appear in any official document, sponsor advertisement, and/or exclusive television coverage of the Bucks County Senior Games in any manner incidental to my participation in the Bucks County Senior Games without compensation to me.

Code of Conduct

I agree to abide by the rules and procedures of the facilities where Bucks County Senior Games (BCSG) events are held. At all times, I will conduct myself in a civil, respectful manner and show good sportsmanship. If I do not conduct myself in the previously stated manner, BCSG has the right to remove me from competition.

Signature: __________________________ Date: __________________________

Please Print Your Name Here: __________________________

Mail this registration form with your check payable to:
Bucks County Foundation for Aging • c/o Senior Games • P.O. Box 1806, Doylestown, PA 18901
REGISTRATION FORMS MUST BE RECEIVED NO LATER THAN MONDAY, MAY 10, 2021

The $7 fee covers all sporting events. Additional fees for Pickleball Tournament and Golf are payable on the day of the event at the venue. Information will be used for mailing purposes only. Please check each event you wish to participate in. *Preferred Partners: Each individual/partner must complete a separate registration form to participate.

MONDAY, JUNE 7
Throwing Events 10 am-3 pm
- Softball Throw
- Football Throw
- Cornhole
Peace Valley Park, Doylestown

Independent Events (Begins June 7 and ends June 19)
- Biking
- Steps Competition
- Walk the Parks

TUESDAY, JUNE 8
- Chess 10 am-11:30 am
  Bristol Twp Amphitheater, Bristol

WEDNESDAY, JUNE 9
- Disc Golf 8 am-4 pm
  Tamanend Park, Southampton
  Preferred Partner*(Max of 3)

- Virtual DelVal Games 1 pm-2 pm
  Escape Room, Pictionary, Boggle

THURSDAY, JUNE 10
- Quoits 10 am-12 pm
  Quakertown Memorial Park, Quakertown
  Preferred Partner*

- Virtual Zumba 2 pm-3 pm

FRIDAY, JUNE 11
- Golf 6:45 am-2 pm
  Fairways Golf Club, Warrington ($29 Fee; $11 Cart at venue)
  (Rain date: Friday, June 18, 6:45 am-2 pm)
  Preferred Partners* (Max of 3)

- Pickleball Clinic Instruction 9 am-11 am
  Camp Curiosity, Doylestown

SATURDAY, JUNE 12
- Orienteering 10 am-12 pm
  Individual

  - Team Partner Names (max of 3)
    Intergenerational guests are free. (Please indicate how many)

  Core Creek Park, Langhorne

MONDAY, JUNE 14
- Virtual Tai Chi 10 am-11 am
- Virtual DelVal Games 12 pm-1 pm
  Scavenger Hunt

TUESDAY, JUNE 15
- Darts 10 am-2 pm
  Single
  Mixed Doubles
  Preferred Partner*

- Horseshoes 10 am-2 pm
  Bensalem Senior Center, Bensalem

WEDNESDAY, JUNE 16
- Bocce 10 am-2 pm
  Northampton Senior Center, Richboro

THURSDAY, JUNE 17
- Virtual DelVal Games 10 am-11 pm
  Trivia

FRIDAY, JUNE 18
- Virtual Chair Yoga 10 am-11 am
- Bocce 10 am-2 pm
  Middletown Senior Center, Levittown

- Rain Date - Golf

SATURDAY, JUNE 19
Track and Field 8:30 am-12 pm
- Central Bucks South High School, Warrington
  Mile Run: 8:45 am
  Mile Walk: 9:00 am
  100m Run: 9:30 am
  400m Run: 9:45 am
  Discus: 9-10:30 am
  Shotput: 9-10:30 am
  Long Jump: 9-10:30 am

- Pickleball Round Robin Tournament 9 am-2 pm
  Camp Curiosity, Doylestown ($25 Fee)

COVID-19 SAFETY INFORMATION
Following CDC guidelines, all participants must:
- Wear a facemask
- Remain 6 ft. apart from others
- Wash hands or use hand sanitizer in between events

Total Enclosed Cash: $_________________    Total Enclosed Check: $___________________    Check #:____________________________

Make checks payable to: Bucks County Foundation for Aging • c/o Senior Games
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1-888-475-6206 or 1-844-BLUE-4ME

The Village at LifeQuest
www.villageatlifequest.org
215-529-6210
2100 Cherry Blossom Lane
Quakertown, PA 18951
canine@lq.org

Trinity Health | LIFE St. Mary
www.LIFESIMary.org • 267-991-7600
Feasterville - Trevose

Lamb: www.lambfuneralhomeinc.com
Wm. Rowen Grant:
www.wmrowengrantfuneralhome.com
Dignity Memorials Life Well Celebrated
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215-355-6050 - Southampton

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NEW Grand View Health Orthopaedic Center
Rte. 309 in Colmar
NOW SCHEDULING: 215-257-3700

GVH GRAND VIEW HEALTH

Penn Medicine Orthopaedic Surgery | Affiliate
There are no Keystone State Senior Games nor National Senior Games being scheduled for 2021.