



# COUNTY OF BUCKS

## DEPARTMENT OF HEALTH

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### FIELD OFFICES

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Bucks County Government Services Center, 261 California Road, Suite #2, Quakertown, PA 18951 – 215-529-7000

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DAVID C. DAMSKER, M.D., M.P.H.

6/26/20

### GUIDANCE FOR BUCKS COUNTY SPORTS IN THE GREEN PHASE

While the Green phase of Governor Wolf's reopening plan allows for the loosening of restrictions on sports activities, COVID-19 has not been eliminated, and most of the precautions and protocols from the "yellow" phase remain intact and we recommend that they be followed as much as possible.

All original "yellow" guidance below remains in place except that:

- Games, competitions, and tournaments are allowed
- Gatherings, including coaches, players, and spectators must be limited to no more than 250 people. It is advisable that each player be limited to no more than 1 family member attending the game/competition. For practice, no spectators should be present, if feasible. Social distancing of spectators is very important.
- Except as absolutely necessary, as part of the rules of the sport, avoidance of physical contact is advisable when possible. No handshakes, fist-bumps, or high-fives are allowed.
- Coaches and players should wear masks prior to, and after, practice. They are not required during games and practices. Please maintain a distance of 3 or more feet from others when not actively playing the game.

At a minimum, the Health Department suggests that all safety protocols include:

- Limiting the size of the practice or game to as few participants as necessary
- Procedures for temperature and symptom screening of all participants prior to beginning practice (symptoms screenings should include fever, cough, shortness of breath, headache, runny nose, muscle aches, loss of taste or smell, and diarrhea/abdominal pain.)
- Procedures for all participants to wash or sanitize their hands prior to, and after, practice
- Procedures for if a participant tests positive for COVID-19
- Requiring that no personal equipment be shared
- Requiring individual water bottles/beverages for all participants
- Procedures for quickly sanitizing anything used during practice that could be touched by multiple people

While following these critical guidelines allows for the minimization of the risk of spread of COVID-19, nothing can eliminate it completely.

David C. Damsker, MD, MPH

Director

Bucks County Health Department